

A top-down view of several people's hands reaching towards a central glowing orb on a wooden floor. The orb is a bright, swirling light source. The hands are of various skin tones and are positioned around the orb, some with fingers slightly curled. The background is a warm, reddish-brown wood grain. The overall mood is one of unity and shared energy.

CONSCIOUS CREATOR REPORT

THE SACRED COMMUNITY BUILDER CREATOR

"I create containers and connections
that help souls remember their
interconnectedness"

ELIZABETHJSABET.COM

Hello and...
Welcome!



As you move through this guide, remember that conscious creation is both an art and a practice. Some insights will land immediately and inspire instant action, while others may plant seeds that bloom weeks or months later.

Your soul knows the perfect pace for your transformation, and your only job is to show up authentically and consistently to this sacred work.

This guide follows my signature Conscious Creators Coaching Program (based on my signature coaching model, The SpiritPath Coaching Model), guiding you through six stages of conscious manifestation. Each stage builds upon the last, creating a comprehensive framework for bringing your soul's vision into reality.

You are here at this time in human history for a reason. Your unique gifts, perspective, and creative expression are part of the collective healing and evolution our world desperately needs.

As you work through these pages, remember that you're not just transforming your own life —you're contributing to the transformation of humanity itself. Trust your gifts, honor your calling, and step boldly into your role as a Conscious Creator. The world is waiting for what you came here to create.

Let's Begin!

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WELCOME TO YOUR PERSONALIZED CONSCIOUS CREATOR REPORT

Aligning Spirit, Soul, and Special Function

Congratulations on taking this important step in your conscious creation journey. By discovering your Creator Type, you're unlocking a profound understanding of how your soul is designed to express itself in the world. This isn't just another personality assessment—it's a sacred map to your authentic creative expression and the unique way you're called to serve humanity's evolution.

**Live in alignment
with your true nature** ”

The Value of Knowing Your Creator Type

Understanding your Creator Type provides you with a clear framework for making decisions that align with your authentic self.

Instead of trying to force yourself into someone else's model of success or creativity, you can now honor your natural gifts, work with your innate creative process, and build a life and work that feels deeply fulfilling.

Your Creator Type reveals not just what you do well, but how you're meant to do it—your natural rhythm, your optimal conditions for creativity, and the specific ways your soul wants to contribute to the world's healing and transformation.

The Calling You May Be Feeling Perhaps you've been sensing a deeper calling lately—a pull toward something more meaningful, more aligned, more authentically you. This inner stirring is your soul calling you home to your true creative expression.

You may have felt like you're meant for something bigger, or that your current path doesn't fully honor who you are at your essence.

Your Creator Type helps you understand and trust this calling, giving you language for what you've been feeling and a roadmap for how to answer it. This assessment validates that your deeper longings are not selfish dreams, but sacred assignments for your unique contribution to the world.

INTRODUCTION

INTEGRATION AND MASTERY

Integration with Your Personal Goals and Aspirations

The insights you'll receive aren't meant to replace your current goals, but to help you understand whether those goals truly align with your authentic self.

Some aspirations may need to be adjusted to better honor your Creator Type, while others may be perfectly aligned and simply need a new approach that works with your natural gifts rather than against them.

This assessment will help you distinguish between goals that come from your ego's need for external validation and those that arise from your soul's authentic desires.

You'll learn to set intentions and create visions that energize rather than drain you, because they're in harmony with who you truly are.

What This Guidance Acknowledges

This report acknowledges you as a whole, complex being with gifts, shadows, patterns, and potential that are uniquely yours.

It recognizes that conscious creation involves not just your talents and visions, but also your values, your healing journey, your relationship patterns, and your spiritual development.

The guidance you'll receive honors that true mastery comes not from perfection, but from integration— weaving together all aspects of yourself into a coherent, authentic way of being and creating in the world.

Mastery as a Lifelong Process and Practice

Understanding your Creator Type is just the beginning. True mastery of your creative expression is a lifelong journey of integration, embodiment, and continuous refinement.

You'll move through cycles of growth, challenge, breakthrough, and deeper understanding.

Some insights will resonate immediately, while others may become more relevant as you evolve. Trust that this process unfolds in perfect timing— there's no need to implement everything at once.

Instead, let these insights marinate in your consciousness and emerge when you're ready to receive them.

Remember that mastery isn't about perfection; it's about showing up authentically and consistently, learning from both your successes and your challenges, and staying committed to your own growth and service.

WHAT YOU'LL DISCOVER IN THIS REPORT

In the pages ahead, you'll uncover:

- **Your Sacred Calling(s)** – The deeper purpose that drives your creative expression and the unique way your soul wants to serve
- **Core Values That Guide You** – The fundamental principles that should inform all your creative decisions and life choices
- **Your Natural Gifts & Talents** – The innate abilities that make you uniquely equipped for your particular form of conscious creation
- **Your Conscious Creation Style** – How you naturally move through the creative process, from initial inspiration to final manifestation
- **Shadow Patterns & Growth Edges** – The unconscious blocks and limiting beliefs that may be sabotaging your creative expression
- **Values-Aligned Visioning** – How to create goals and visions that truly align with your authentic self and soul's desires
- **Integration & Embodiment Practices** – Daily, weekly, and monthly practices designed specifically for your Creator Type
- **Your Service to the World** – Understanding the unique gift you bring to humanity's collective healing and evolution
- **Personalized Next Steps** – Specific actions you can take to begin integrating this wisdom into your life and creative practice

Each section is designed to help you not just understand yourself better, but to translate that understanding into lived experience, authentic expression, and meaningful service in the world.

YOUR CONSCIOUS CREATOR RESULTS

The Sacred Community Builder Creator

I create containers and connections that help souls remember their interconnectedness."

Your Sacred Calling

You are called to be a weaver of souls, creating containers and connections that help people remember their fundamental interconnectedness. Your soul's mission involves building communities, movements, and networks that support collective awakening and transformation.

Core Values That Drive You

Based on the Conscious Creators Values Framework, your top values likely include:

Connection - Fostering authentic relationships and community

Unity - Helping people remember their interconnectedness

Collaboration - Creating together rather than alone

Belonging - Ensuring everyone feels welcomed and valued

Collective Wisdom - Honoring the wisdom that emerges in community

Service - Using community building in the service of collective healing

Inclusivity - Creating space for all voices and perspectives

Your Growth Edge:

- Learning to say no with love and avoiding the pattern of overextending yourself to meet everyone's needs, while maintaining your own energy and well-being
- Moving beyond conflict avoidance to see disagreements as opportunities for deeper understanding and community evolution, rather than threats to harmony
- Maintaining your authentic self and personal needs while serving the group, and avoiding the pattern of losing yourself in community dynamics
- Stepping into necessary leadership roles while honoring collaborative principles, and learning to guide without micromanaging or people-pleasing

Your Natural Gifts and Talents

YOUR INTEGRATION PATH IS:

Embodied Interconnection: - You're ready to step more fully into your role as a weaver of souls who creates containers for collective transformation. Your integration isn't just about your own sense of belonging - it's meant to help others remember their fundamental interconnectedness and experience the healing power of authentic community.

- **Community Weaving** - You naturally connect people who should know each other
- **Container Holding** - You create safe spaces where authentic connection can occur
- **Group Facilitation** - You guide group processes and collective wisdom emergence
- **Inclusive Leadership** - You honor all voices while keeping groups focused and cohesive
- **Network Building** - You see connection points and build bridges between different communities
- **Collective Visioning** - You help groups discover their shared purpose and direction
- **Conflict Transformation** - You help groups work through differences toward deeper unity

The creation process on the next page follows my signature Conscious Creator Program, based on my signature coaching model, The SpiritPath Coaching Model (c), a transformational framework I have developed and used since 2007. This framework guides conscious creators through six distinct stages of authentic manifestation.

This proven methodology guides you from an initial connection to your higher mind and vision (Spirit) through the necessary inner work of addressing blocks and limiting beliefs (Storming) into practical planning and implementation (Forming, Integration, Evaluation), and ultimately to embodied mastery and sustainable success (Manifestation). Unlike traditional goal-setting approaches, the SpiritPath Model honors both your psychospiritual inner wisdom and development, as well as your practical achievements, ensuring that your outer success aligns with your inner truth and values.

Your Conscious Creation Style

Your creation process follows the Gather → Connect → Transform pattern

Spirit Stage: You receive guidance about what kind of community or connection is needed

Storming Stage: You work through your own relationship patterns and people-pleasing tendencies

Forming Stage: You create clear intentions and structures for your community building

Integration Stage: You consistently nurture connections and facilitate group processes

Evaluation Stage: You measure success by depth of connection and collective transformation

Manifestation Stage: You embody interconnectedness and model collaborative leadership

Your Creation Process

- **Community Sensing** – You sense what kind of gathering or connection is needed
- **Container Design** – You create structures and processes that support authentic connection
- **Soul Gathering** – You attract and invite people who are meant to be part of the community
- **Connection Facilitation** – You guide processes that help people truly see and connect with each other
- **Wisdom Harvesting** – You help groups recognize and integrate their collective insights
- **Network Expansion** – You connect your community with other aligned communities for greater impact

Shadow Patterns and Growth Edges

Based on shadow work principles, your common blocks may include:

Potential Limiting Beliefs:

- "I have to take care of everyone's needs and feelings"
- "Conflict will destroy the community, so I must avoid it at all costs"
- "My individual needs don't matter as much as the group's needs."
- "I'm responsible for everyone's experience in the community."

Potential Shadow Patterns:

The People-Pleaser - Avoiding necessary boundaries or difficult conversations to keep the peace

The Invisible Leader - Not taking appropriate leadership for fear of seeming controlling

The Over-Giver - Exhausting yourself by giving more than you receive from the community

The Conflict Avoider - Allowing dysfunction to persist rather than addressing difficult dynamics

"If God gives you something you can do, why in God's name wouldn't you do it?"

— Stephen King

Healing Approaches:

- Boundary work and learning to honor your own needs alongside others'
- Leadership training to step into appropriate authority without apology
- Shadow work around codependency and the need to be needed
- Communication skills for navigating conflict in healthy, productive ways

Values Aligned Visioning:

Your authentic desires likely include:

- Creating thriving communities where people feel deeply seen and valued
- Facilitating transformational experiences that help people remember their interconnectedness
- Building movements that create positive change through collective action
- Having sustainable support systems so you can give without depleting yourself
- Being recognized as a gifted community builder and collaborative leader

Integration and Embodiment Practices

Daily Practices:

- Morning intention setting for how you want to show up in the community
- Regular self-check-ins: "What do I need to give my best to others today?"
- Boundary awareness and honoring your own energy levels

• Evening gratitude for the connections and community in your life
Set up an appointment for my FREE 30-minute Values & Strengths Assessment, and walk away with clarity, direction and a plan to shift into your power!

Sign up Now!

Weekly Practices:

- Community tending activities (reaching out, following up, connecting people)
- Personal restoration time to recharge from group energy
- Relationship assessment: where do you need more support or better boundaries?
- Creative visioning for new community building opportunities

Monthly Practices:

- Deep reflection on your community-building patterns and effectiveness
- Shadow work around any people-pleasing or over-giving tendencies
- Strategic planning for community growth and sustainability
- Connection with other community builders for mutual support and learning

The Sacred Community Builder Creator's Service to the World

As a Sacred Community Builder, your gift to humanity is demonstrating that we are not meant to walk this path alone. Through the communities you create, you heal the epidemic of loneliness and disconnection in our world. You demonstrate that collective wisdom is greater than individual insight and that transformation occurs most effectively in relationships.

You're here to restore humanity's memory of interconnectedness and model what a collaborative, heart-centered community can look like.

Next Steps

#1 - Boundary Development:

Learn to honor your own needs while serving others

#2 - Leadership Embodiment:

Step fully into your role as a community leader without apology

#3 - Conflict Skills: Develop

abilities to navigate group dynamics and difficult conversations

#4 - Sustainability Systems:

Create support structures so you can give without depleting yourself

#5 - Network Expansion: Connect

with other community builders to multiply your impact

Resonating with Multiple Archetypes

It's completely natural to see yourself in more than one creator type. Most conscious creators are multi-faceted beings with several archetypal energies flowing through them.

Here's how to understand and work with multiple resonances:

- **Primary Type (highest score):** Your dominant creative expression and natural pathway
- **Secondary Type(s):** Supporting energies that enhance and complement your primary gifts
- **Lower Scores:** Emerging potentials or situational expressions

Common Multi-Archetype Combinations

Entrepreneurial + Community

Builder: Creating conscious businesses that serve community building and social impact

Expressive + Healer: Using authentic creative expression as a healing modality for yourself and others

Expressive + Visionary: Channeling innovative, creative expressions that shift cultural paradigms

Visionary + Entrepreneurial:

Building innovative businesses that bring cutting-edge consciousness into practical application

Healer + Community: Creating healing communities and group transformation experiences

Integration Strategies for Multiple Types

1. Seasonal Expression

Allow different archetypes to be primary during different seasons of your life or career. For example, focus on Healing work for several years, then transition into Community Building as your primary expression.

2. Complementary Integration

Use secondary types to enhance your primary expression. An Entrepreneurial Creator might use Community Builder skills to create a stronger team culture and customer relationships.

3. Project-Based Expression

Different projects can express different archetypes. You might have an Expressive Creative practice for personal fulfillment while your primary career is Transformational Healing.

4. Evolutionary Development

Your archetypes may shift and evolve over time as you grow. Stay open to how your calling might transform as you integrate and embody your gifts more fully.

A Final Reflection

You are here at this time in human history for a reason. Your unique gifts, perspective, and creative expression are part of the collective healing and evolution our world desperately needs. Whether you're called to build conscious enterprises, share authentic truth, facilitate healing, pioneer new possibilities, or weave communities together, your contribution matters.

The world is waiting for what you came here to create. Trust your gifts, honor your calling, and step boldly into your role as a Conscious Creator. Your authentic expression is your gift to the world. The world needs what you have to offer.

Thank You!

Let's Stay in Touch!



Thank you so much for taking this assessment and for taking the time to read through your personalized report!

I hope you are taking away a new and profound experience of who you are and how you are meant to express in the world.



Contact me at elizabethj.sabet@gmail.com for questions about how I can support you on your journey!

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