

CONSCIOUS CREATOR REPORT

THE
AUTHENTIC
EXPRESSION CREATOR

**"I create from my soul's
truth and inspire others
to live authentically."**

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Hello and...
Welcome!



As you move through this guide, remember that conscious creation is both an art and a practice. Some insights will land immediately and inspire instant action, while others may plant seeds that bloom weeks or months later.

Your soul knows the perfect pace for your transformation, and your only job is to show up authentically and consistently to this sacred work.

This guide follows my signature Conscious Creators Coaching Program (based on my signature coaching model, The SpiritPath Coaching Model), guiding you through six stages of conscious manifestation. Each stage builds upon the last, creating a comprehensive framework for bringing your soul's vision into reality.

You are here at this time in human history for a reason. Your unique gifts, perspective, and creative expression are part of the collective healing and evolution our world desperately needs.

As you work through these pages, remember that you're not just transforming your own life —you're contributing to the transformation of humanity itself. Trust your gifts, honor your calling, and step boldly into your role as a Conscious Creator. The world is waiting for what you came here to create.

Let's Begin!

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WELCOME TO YOUR PERSONALIZED CONSCIOUS CREATOR REPORT

Aligning Spirit, Soul, and Special Function

Congratulations on taking this important step in your conscious creation journey. By discovering your Creator Type, you're unlocking a profound understanding of how your soul is designed to express itself in the world. This isn't just another personality assessment—it's a sacred map to your authentic creative expression and the unique way you're called to serve humanity's evolution.

**Live in alignment
with your true nature** ”

The Value of Knowing Your Creator Type

Understanding your Creator Type provides you with a clear framework for making decisions that align with your authentic self.

Instead of trying to force yourself into someone else's model of success or creativity, you can now honor your natural gifts, work with your innate creative process, and build a life and work that feels deeply fulfilling.

Your Creator Type reveals not just what you do well, but how you're meant to do it—your natural rhythm, your optimal conditions for creativity, and the specific ways your soul wants to contribute to the world's healing and transformation.

The Calling You May Be Feeling Perhaps you've been sensing a deeper calling lately—a pull toward something more meaningful, more aligned, more authentically you. This inner stirring is your soul calling you home to your true creative expression.

You may have felt like you're meant for something bigger, or that your current path doesn't fully honor who you are at your essence.

Your Creator Type helps you understand and trust this calling, giving you language for what you've been feeling and a roadmap for how to answer it. This assessment validates that your deeper longings are not selfish dreams, but sacred assignments for your unique contribution to the world.

INTRODUCTION

INTEGRATION AND MASTERY

Integration with Your Personal Goals and Aspirations

The insights you'll receive aren't meant to replace your current goals, but to help you understand whether those goals truly align with your authentic self.

Some aspirations may need to be adjusted to better honor your Creator Type, while others may be perfectly aligned and simply need a new approach that works with your natural gifts rather than against them.

This assessment will help you distinguish between goals that come from your ego's need for external validation and those that arise from your soul's authentic desires.

You'll learn to set intentions and create visions that energize rather than drain you, because they're in harmony with who you truly are.

What This Guidance Acknowledges

This report acknowledges you as a whole, complex being with gifts, shadows, patterns, and potential that are uniquely yours.

It recognizes that conscious creation involves not just your talents and visions, but also your values, your healing journey, your relationship patterns, and your spiritual development.

The guidance you'll receive honors that true mastery comes not from perfection, but from integration— weaving together all aspects of yourself into a coherent, authentic way of being and creating in the world.

Mastery as a Lifelong Process and Practice

Understanding your Creator Type is just the beginning. True mastery of your creative expression is a lifelong journey of integration, embodiment, and continuous refinement.

You'll move through cycles of growth, challenge, breakthrough, and deeper understanding.

Some insights will resonate immediately, while others may become more relevant as you evolve. Trust that this process unfolds in perfect timing— there's no need to implement everything at once.

Instead, let these insights marinate in your consciousness and emerge when you're ready to receive them.

Remember that mastery isn't about perfection; it's about showing up authentically and consistently, learning from both your successes and your challenges, and staying committed to your own growth and service.

WHAT YOU'LL DISCOVER IN THIS REPORT

In the pages ahead, you'll uncover:

- **Your Sacred Calling(s)** – The deeper purpose that drives your creative expression and the unique way your soul wants to serve
- **Core Values That Guide You** – The fundamental principles that should inform all your creative decisions and life choices
- **Your Natural Gifts & Talents** – The innate abilities that make you uniquely equipped for your particular form of conscious creation
- **Your Conscious Creation Style** – How you naturally move through the creative process, from initial inspiration to final manifestation
- **Shadow Patterns & Growth Edges** – The unconscious blocks and limiting beliefs that may be sabotaging your creative expression
- **Values-Aligned Visioning** – How to create goals and visions that truly align with your authentic self and soul's desires
- **Integration & Embodiment Practices** – Daily, weekly, and monthly practices designed specifically for your Creator Type
- **Your Service to the World** – Understanding the unique gift you bring to humanity's collective healing and evolution
- **Personalized Next Steps** – Specific actions you can take to begin integrating this wisdom into your life and creative practice

Each section is designed to help you not just understand yourself better, but to translate that understanding into lived experience, authentic expression, and meaningful service in the world.

YOUR CONSCIOUS CREATOR RESULTS

The Authentic Expression Creator

"I channel my deepest truth and personal experiences into creative expression."

Your Sacred Calling

You are called to be a truth-teller and authentic voice in a world that often values conformity over authenticity. Your soul's mission involves transforming your personal experiences, emotions, and insights into creative expressions that help others feel seen, understood, and less alone in their human journey.

Core Values That Drive You

Based on the Conscious Creators Values Framework, your top values likely include:

Authenticity - Being true to yourself above all else

Creativity - Expressing your unique perspective and gifts

Truth - Sharing what is real and honest

Freedom - Having space to express without constraints

Beauty - Creating things that touch the soul

Connection - Reaching hearts through vulnerable expression

Growth - Evolving through creative exploration

Your Growth Edge:

- Building courage to share vulnerable, authentic truth, even when it might be misunderstood or criticized, and learning that not everyone needs to appreciate your expression for it to be valuable
- Breaking the pattern of endlessly refining creative work instead of sharing it, and learning to value authentic expression over polished perfection
- Creating consistent creative routines that honor your authentic rhythm rather than forcing productivity, and learning to create from inspiration rather than obligation
- Stepping out of hiding and invisibility to own your unique perspective, and learning to value your authentic expression enough to charge appropriately and take up space in the world

Your Natural Gifts and Talents

YOUR INTEGRATION PATH IS:

Embodied Authenticity - You're ready to step more fully into sharing your truth without apology or compromise. Your integration isn't just about personal healing and self-expression - it's meant to give others permission to embrace their own authenticity and feel less alone in their human experience.

- **Authentic Voice** - You have a unique perspective that only you can share
- **Emotional Depth** - You feel deeply and can translate emotions into expression
- **Creative Vision** - You see beauty and meaning that others might miss
- **Storytelling** - You weave personal experience into universal truth
- **Vulnerability** - You're brave enough to share what others hide
- **Intuitive Creation** - You trust your creative instincts over external expectations
- **Heart Connection** - Your work touches people at a soul level

The creation process on the next page follows my signature Conscious Creator Program, based on my signature coaching model, The SpiritPath Coaching Model (c), a transformational framework I have developed and used since 2007. This framework guides conscious creators through six distinct stages of authentic manifestation.

This proven methodology guides you from an initial connection to your higher mind and vision (Spirit) through the necessary inner work of addressing blocks and limiting beliefs (Storming) into practical planning and implementation (Forming, Integration, Evaluation), and ultimately to embodied mastery and sustainable success (Manifestation). Unlike traditional goal-setting approaches, the SpiritPath Model honors both your psychospiritual inner wisdom and development, as well as your practical achievements, ensuring that your outer success aligns with your inner truth and values.

Your Conscious Creation Style

Your creation process follows the Truth → Expression → Connection pattern

Spirit Stage: You connect with your authentic truth and creative essence

Storming Stage: You work through fears of judgment, rejection, and not being good enough

Forming Stage: You clarify what you want to express and how to share it

Integration Stage: You consistently create and share your authentic expressions

Evaluation Stage: You assess impact based on authenticity and heart connection rather than external metrics

Manifestation Stage: You embody your truth and inspire others to do the same

Your Creation Process

- **Inner Mining** - You explore your experiences, emotions, and insights for creative material
- **Truth Distillation** - You identify the core message or feeling you want to express
- **Creative Translation** - You transform inner truth into external creative form
- **Vulnerable Sharing** - You courageously share your authentic expression with others
- **Heart Connection** - You connect with your audience on a deep, personal level
- **Truth Evolution** - Your expression evolves as you continue growing and healing

Shadow Patterns and Growth Edges

Based on shadow work principles, your common blocks may include:

Potential Limiting Beliefs:

"My truth isn't important enough to share."

"People will reject me if they see who I really am."

"I'm not talented enough to be a 'real' artist/creator."

"Authentic expression doesn't pay the bills."

Potential Shadow Patterns:

The Perfectionist - Endlessly refining work instead of sharing it

The People-Pleaser - Diluting authentic truth to avoid confrontation

The Impostor - Believing you're not a "real" artist or that your work isn't valuable

The Invisible One - Creating but hiding your work from the world

"If God gives you something you can do, why in God's name wouldn't you do it?"

— Stephen King

Healing Approaches:

- Inner child work around early messages about your worth and creativity
- Courage-building practices for sharing vulnerable truth
- Community with other authentic creators for support and validation
- Shadow work around fear of judgment and rejection

Values Aligned Visioning:

Your authentic desires likely include:

- Having complete creative freedom to express your truth
- Touching hearts and helping others feel less alone through your work
- Building an audience that truly sees and appreciates your authentic expression
- Making a living from your creative gifts without compromising your integrity
- Being known for your genuine voice rather than following trends

Integration and Embodiment Practices

Daily Practices:

- Morning pages or journaling to connect with your inner truth
- Creative practice, even if just for 15 minutes
- Regular check-ins: "What wants to be expressed through me today?"
- Self-compassion when perfectionism or fear arises

Set up an appointment for my FREE 30-minute Values & Strengths Assessment, and walk away with clarity, direction and a plan to shift into your power!

Sign up Now!

Weekly Practices:

- Dedicated creative time without pressure for perfection or output
- Sharing something authentic, even if it feels vulnerable
- Connecting with your creative community for support and inspiration
- Processing any fear or resistance that comes up around expression

Monthly Practices:

- Reviewing your creative output for authenticity vs. people-pleasing patterns
- Shadow work around any new fears or blocks that have emerged
- Visioning sessions about your authentic creative path
- Celebrating courage and growth in your expression journey

The Authentic Expression Creator's Service to the World

As an Authentic Expressive Creator, your gift to humanity is permission. Through your willingness to be vulnerable and authentic, you give others permission to do the same. Your truth-telling and creations help others feel seen and less alone. You show that being genuine is more powerful than being perfect, and that by creating beauty from your heart and spirit, they can too.

You're here to heal the collective wound of feeling like we have to hide who we are to be loved and accepted.

Next Steps

#1 - Truth Excavation: Spend time identifying your core truths and what wants to be expressed

#2 - Fear Work: Address fears of judgment, rejection, and not being good enough

#3 - Creative Consistency:
Develop sustainable creative practices that honor your authentic rhythm

#4 - Sharing Courage: Practice increasingly vulnerable sharing to build courage muscles

#5 - Community Building:
Connect with others who value authenticity over perfection

Resonating with Multiple Archetypes

It's completely natural to see yourself in more than one creator type. Most conscious creators are multi-faceted beings with several archetypal energies flowing through them.

Here's how to understand and work with multiple resonances:

- **Primary Type (highest score):** Your dominant creative expression and natural pathway
- **Secondary Type(s):** Supporting energies that enhance and complement your primary gifts
- **Lower Scores:** Emerging potentials or situational expressions

Common Multi-Archetype Combinations

Entrepreneurial + Community

Builder: Creating conscious businesses that serve community building and social impact

Expressive + Healer: Using authentic creative expression as a healing modality for yourself and others

Expressive + Visionary: Channeling innovative, creative expressions that shift cultural paradigms

Visionary + Entrepreneurial:

Building innovative businesses that bring cutting-edge consciousness into practical application

Healer + Community: Creating healing communities and group transformation experiences

Integration Strategies for Multiple Types

1. Seasonal Expression

Allow different archetypes to be primary during different seasons of your life or career. For example, focus on Healing work for several years, then transition into Community Building as your primary expression.

2. Complementary Integration

Use secondary types to enhance your primary expression. An Entrepreneurial Creator might use Community Builder skills to create a stronger team culture and customer relationships.

3. Project-Based Expression

Different projects can express different archetypes. You might have an Expressive Creative practice for personal fulfillment while your primary career is Transformational Healing.

4. Evolutionary Development

Your archetypes may shift and evolve over time as you grow. Stay open to how your calling might transform as you integrate and embody your gifts more fully.

A Final Reflection

You are here at this time in human history for a reason. Your unique gifts, perspective, and creative expression are part of the collective healing and evolution our world desperately needs. Whether you're called to build conscious enterprises, share authentic truth, facilitate healing, pioneer new possibilities, or weave communities together, your contribution matters.

The world is waiting for what you came here to create. Trust your gifts, honor your calling, and step boldly into your role as a Conscious Creator. Your authentic expression is your gift to the world. The world needs what you have to offer.

Thank You!

Let's Stay in Touch!



Thank you so much for taking this assessment and for taking the time to read through your personalized report!

I hope you are taking away a new and profound experience of who you are and how you are meant to express in the world.



Contact me at elizabethj.sabet@gmail.com for questions about how I can support you on your journey!

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