

The Four-Week Course to Jump-Start Your Life's Work!

# Answer Your Calling & Actualize Your Potential



# 3 Simple Questions to Make Sense of What You Are Feeling

One of the first questions people ask when they hear that still, small inner voice leading them to something more, something different, whether or not they experienced a spiritual experience or awakening, is:

## How do I know this is my calling and not something different?

Anyone who has had an experience of an inner leading, regardless of how it happens, asks this question, especially if the calling resulted from a spiritual experience or awakening. However they happen, no matter how normal or strange they may seem, these experiences open us up to something greater than ourselves.

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### 1. What is a Calling?

First, let's talk about what a calling is. It's a deep sense of purpose and passion that drives you to make a meaningful impact, create something beautiful, or make space for a part of yourself that's been yearning to break free from the bullshit and live boldly. It's a call to stop hiding and playing small. Unlike a passing interest, a calling is something that won't leave you alone. It's something that you feel compelled to pursue for the long haul. It resonates deeply with your values and passions, and you are willing to invest significant time and effort into it. Where a fleeting interest or hobby may be enjoyable at the moment but lacks the enduring commitment and dedication associated with a calling.

#### **A calling is intricately connected to your sense of fulfillment and personal growth.**

Each person arrived on Earth with specific aspects of their soul to develop. When you reach the dawning of a new developmental phase of the soul, it is not uncommon to be called to engage in a new purpose or function bigger than yourself. Most people don't realize it, but engaging in the activities required to answer your calling will develop new parts of your soul. Answering a call doesn't just fill a need or function for someone else or the planet; it develops YOU too.

## Different Types of Callings

There are many different types of callings, but most often offer the following solutions:

**Innovation - Restoration - Advocacy - Education - Support - Comfort**

Can you recognize your calling by looking at the traditional callings below? Can you see an overlap between one calling and another?

### Your Calling May Reflect Any Combination!

- ✓ Vocational Calling: Refers to a specific profession or career path that aligns with an individual's passions, skills, and purpose. It often involves using one's talents and abilities to make a meaningful contribution to a particular field or industry.
- ✓ Creative Calling: Relates to artistic or creative pursuits, such as writing, painting, music, or any form of self-expression. It involves tapping into one's innate creativity and using it as a means of personal fulfillment and positively impacting others.
- ✓ Service Calling: A service calling involves a deep desire to help others and make a positive difference in the world. It may manifest in various forms, such as volunteering, humanitarian work, advocacy, activism, or any activity aimed at improving the well-being of individuals or communities.
- ✓ Inner or Spiritual Calling: This type of call is deeply connected to wanting to live and express parts of yourself you don't normally operate from. It may or may not be connected to one's spiritual or religious beliefs and experiences. It usually involves a sense of divine purpose or a higher calling that guides an individual's actions, values, and contributions to the world.
- ✓ Relationship Calling: This refers to a calling centered around building and nurturing meaningful relationships. It may involve being a caregiver, mentor, counselor, or any role that focuses on supporting and enriching the lives of others through personal connections.
- ✓ Environmental Calling: An environmental calling relates to a deep passion for environmental sustainability, conservation, and the well-being of the planet. It involves taking action to protect and preserve the natural world and promote sustainable practices.
- ✓ Entrepreneurial Calling: This type of calling is driven by a desire to create and innovate through entrepreneurship. It involves starting and running a business venture based on personal passions and a vision to provide valuable products or services to the market.
- ✓ Educational Calling: An educational calling involves a passion for teaching, sharing knowledge, and facilitating learning. It often leads individuals to pursue careers in education, training, coaching, or any role that involves imparting wisdom and empowering others through education.

## **What's YOUR Inspriation?**

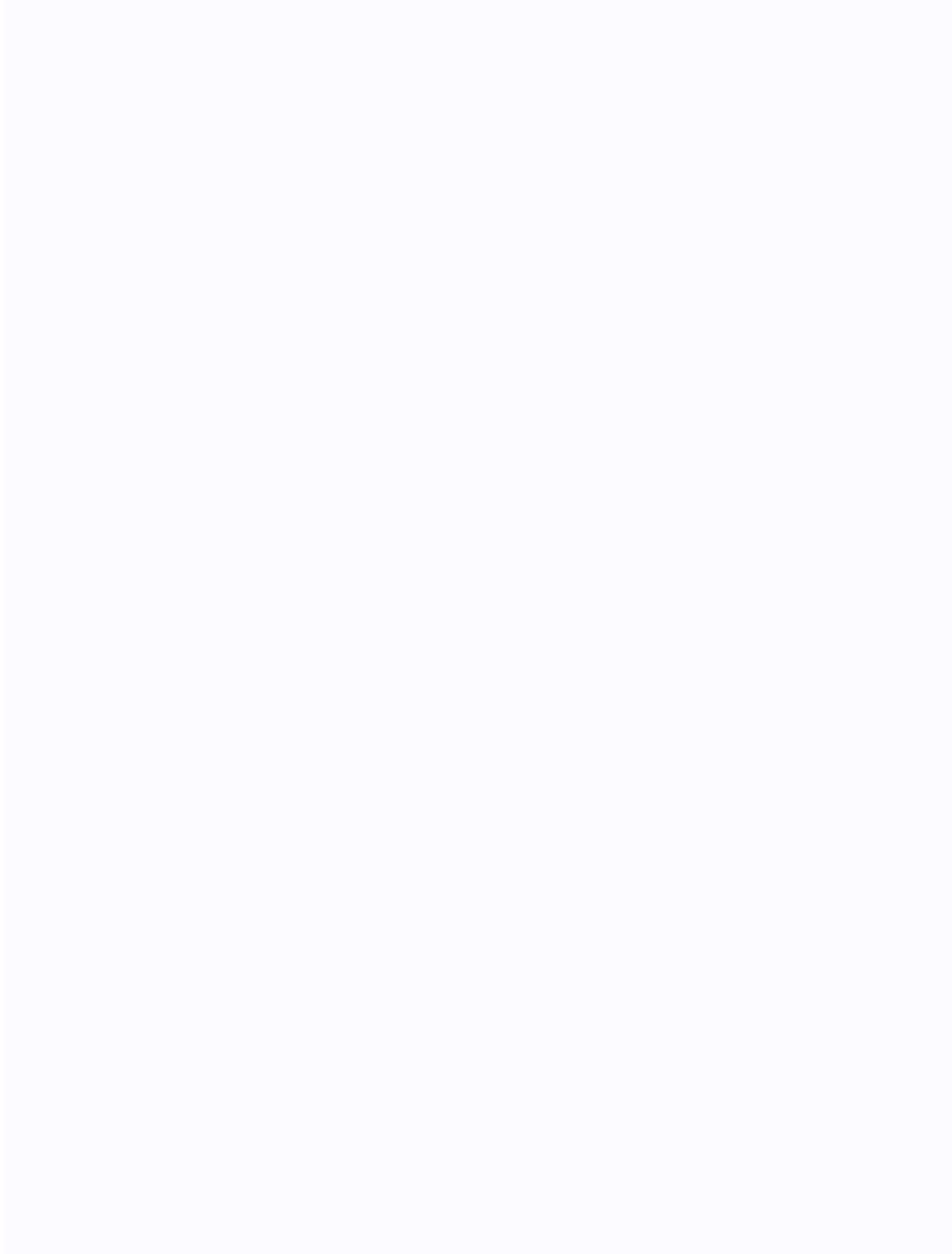
**Innovation - Restoration - Advocacy - Education - Support or Comfort?**

**What goodness would you be creating in the world by answering the call?**

**What is SO important about your calling that motivates you to persevere and accomplish your goals no matter what challenges you may have to face?**

**You're Soul Is Calling To You! What Is It Calling You Toward?**

**Come on! Keep writing! Let your heart write your manifesto of caring...**



## The Call of Your Unfulfilled Potential

This kind of longing arises from a sense of unfulfilled potential, a quest for personal growth, or a search for deeper meaning and purpose in one's existence. It can manifest as restlessness or dissatisfaction with the status quo and a strong drive to explore new possibilities and experiences. The call can look and feel like:

- ✔ You want to use your gifts, skills, and talents in new and more satisfying ways.
- ✔ You may find yourself daydreaming and imagining different scenarios of your life.
- ✔ A strong desire to unleash yourself from expected norms and live more authentically.
- ✔ You are ready to learn new skills and invest time in education and other learning opportunities.

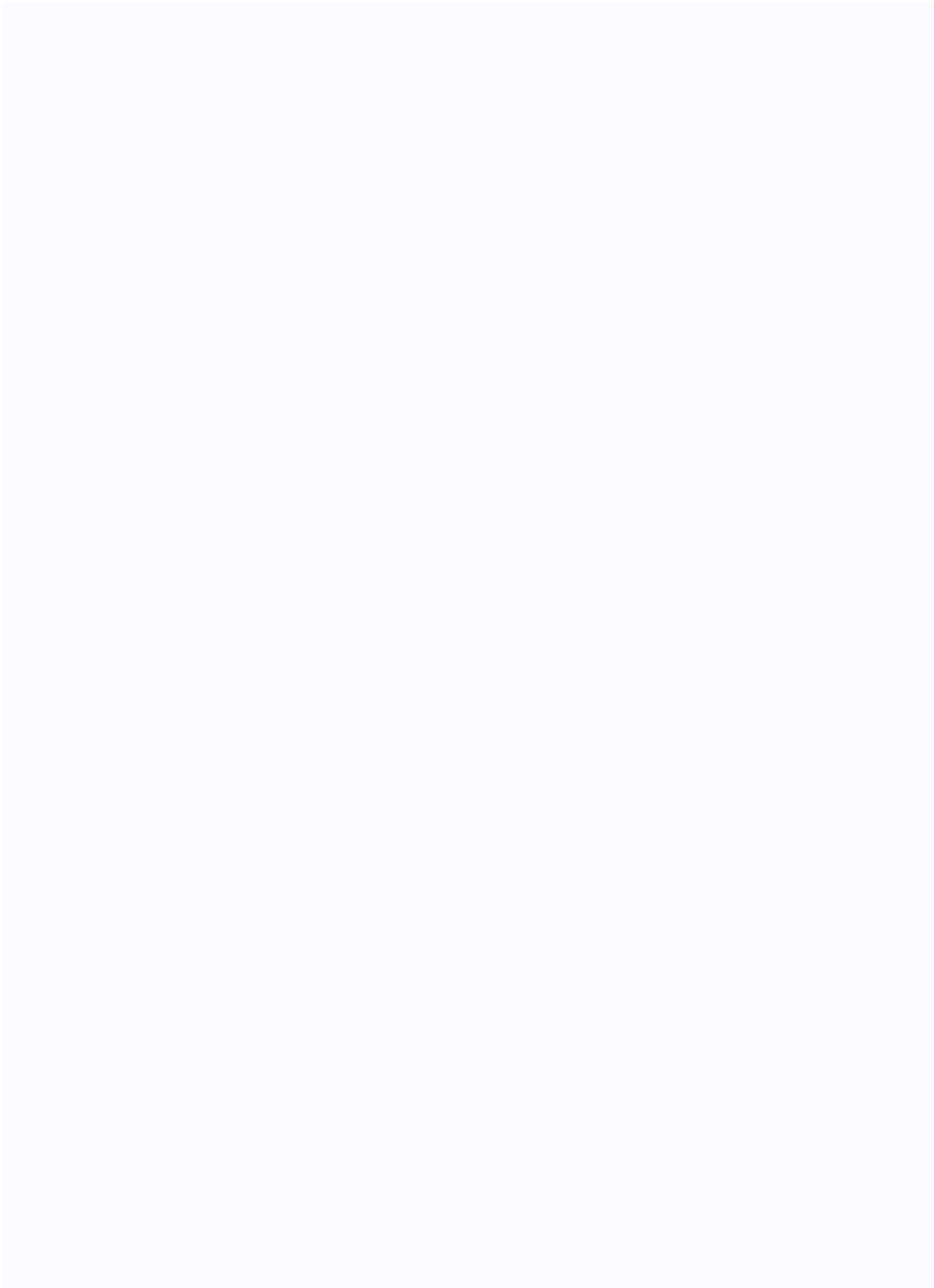
**The call of the unfulfilled potential wants you to live a life true to your innermost desires and dreams. Its a call to live in your greatness and unlock everything you can be.**

## Marry the Unfulfilled Potential with the Potential You Have Already Actualized

Fulfilling your potential is a lifelong journey. That means you have already fulfilled some part of your lifelong potential!

Answer the following questions on the following two pages:

What solutions and beauty have you already created in your life and for others? What did you learn about yourself, and what's important to you? What qualities, skills, and wisdom have you already developed that will support you as you move forward into a new developmental phase of personal growth? How do you think you could use these strengths to answer your calling?







# Putting It All Together

## Defining Your Calling

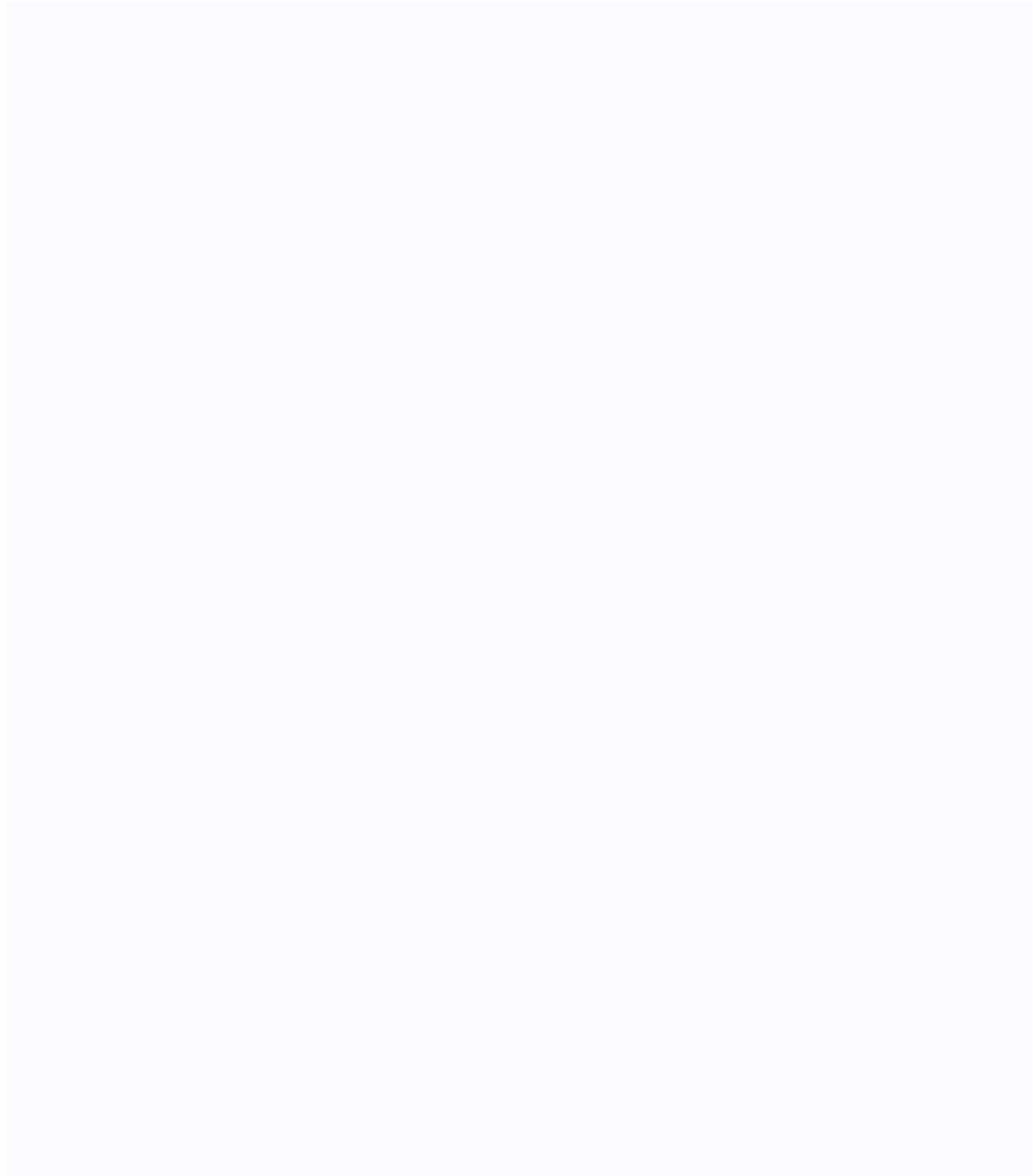
You can define and refine your calling using the following eight worksheet pages. When reaching out to potential collaborators and investors, you will need a well-scripted summary statement and the other information in the worksheets to effectively communicate your needs.

Take your time with the process, and include all your initial collaborators and team members!



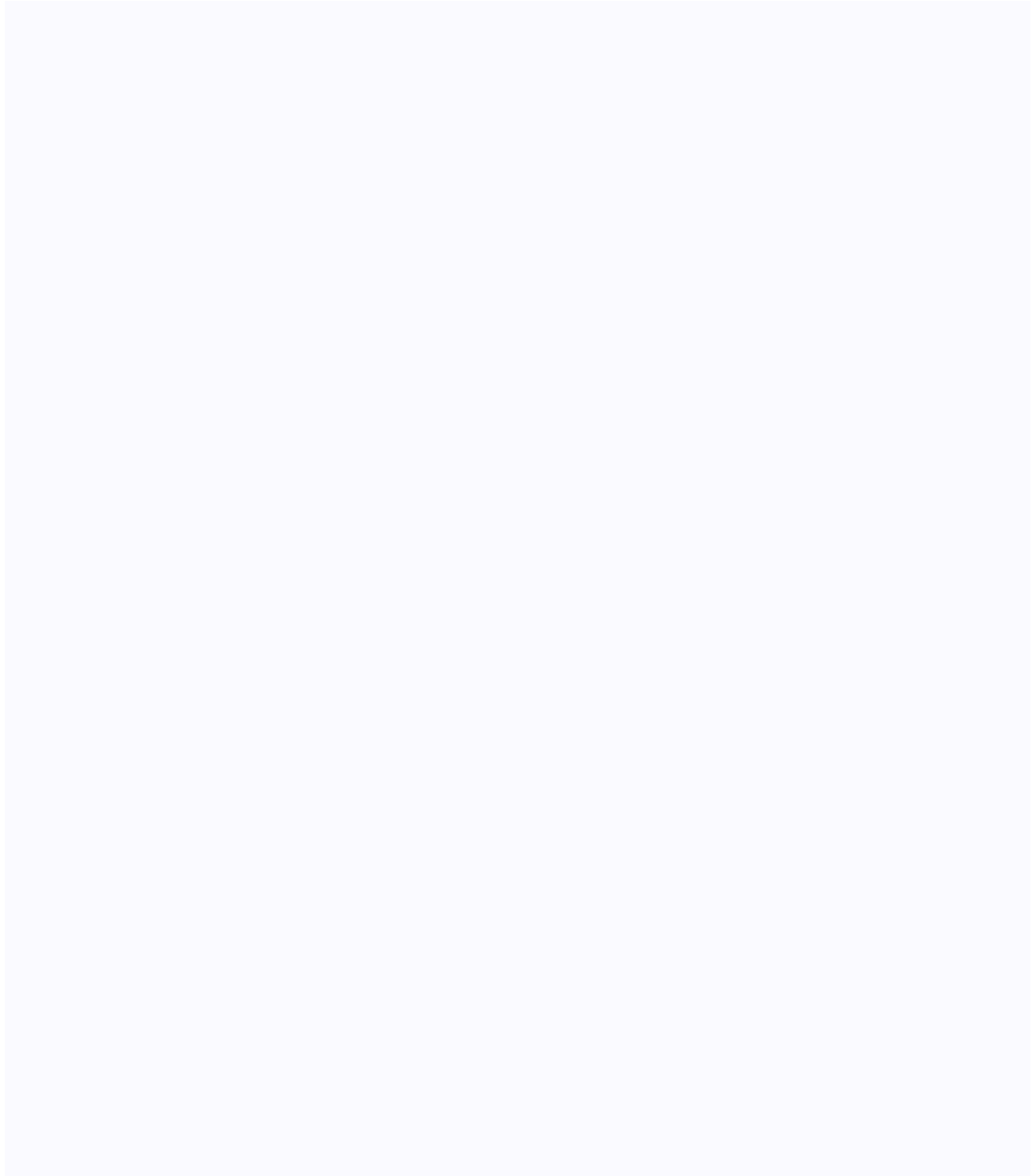
## 1. Reflect

Begin by setting aside dedicated time for self-reflection. Find a quiet and comfortable space where you can focus without distractions. Consider what you're passionate about and why, and the things that bring you joy and fulfillment. Write down your thoughts and reflections on the worksheet.



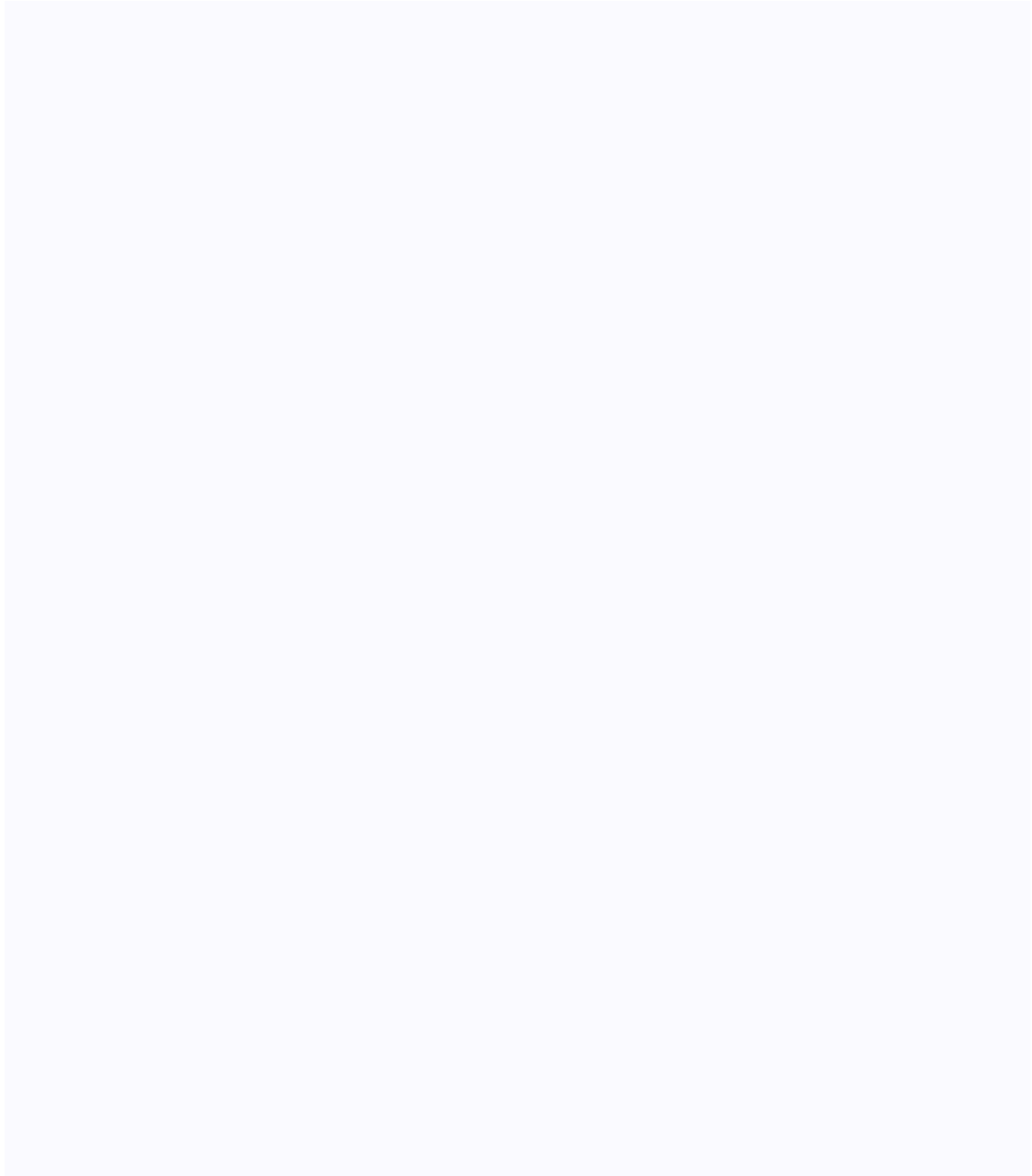
## 2. Identify your core values

Think about the values that are most important to you. These are the guiding principles that shape your decisions and actions. List your core values on the worksheet and reflect on how they align with your potential calling.



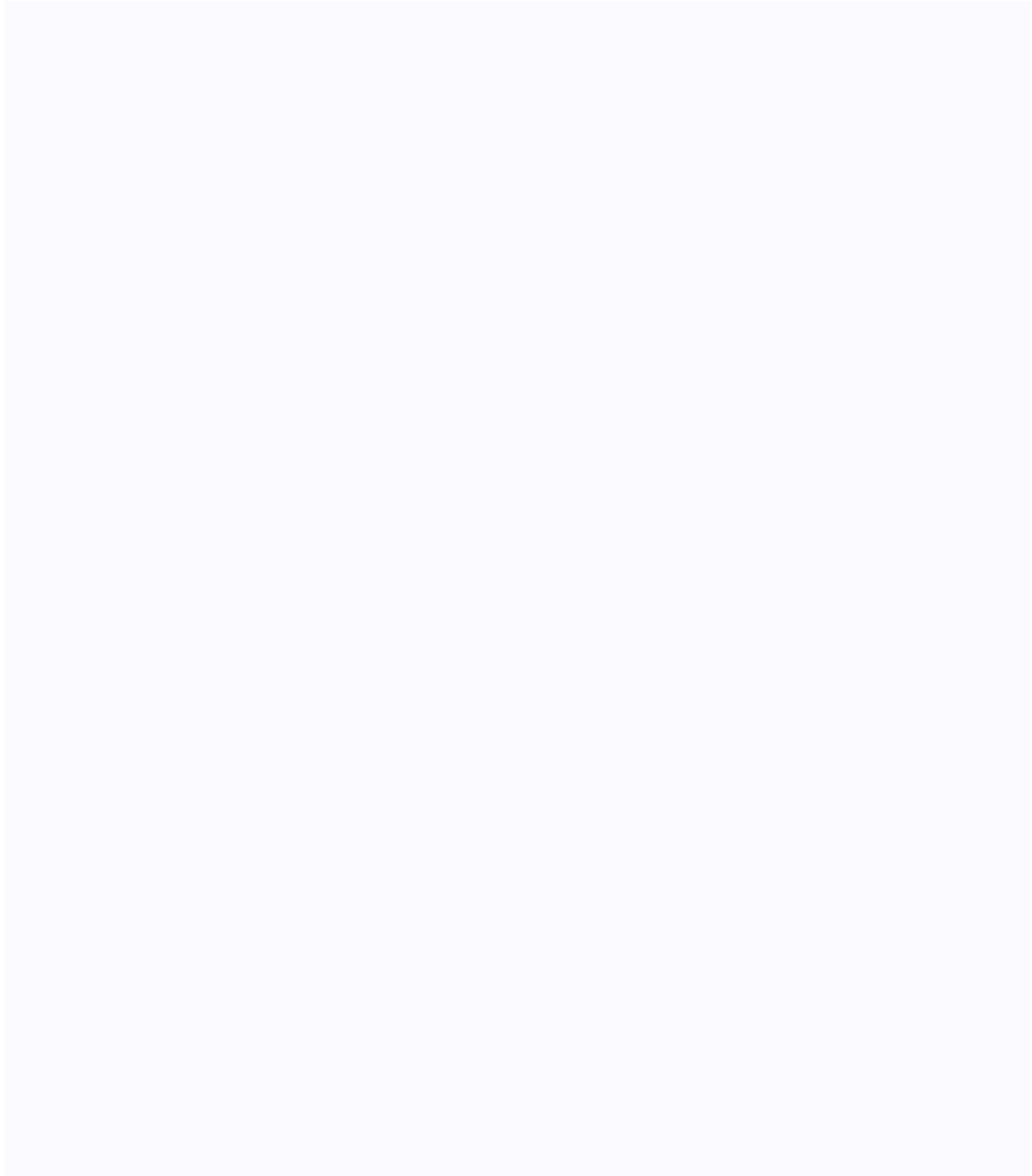
### **3. Explore your strengths and skills**

Identify your unique strengths, talents, and skills. These are the qualities that come naturally to you and that you excel in. Consider the areas where you have expertise or where you feel most confident. Write down your strengths and skills on the worksheet.



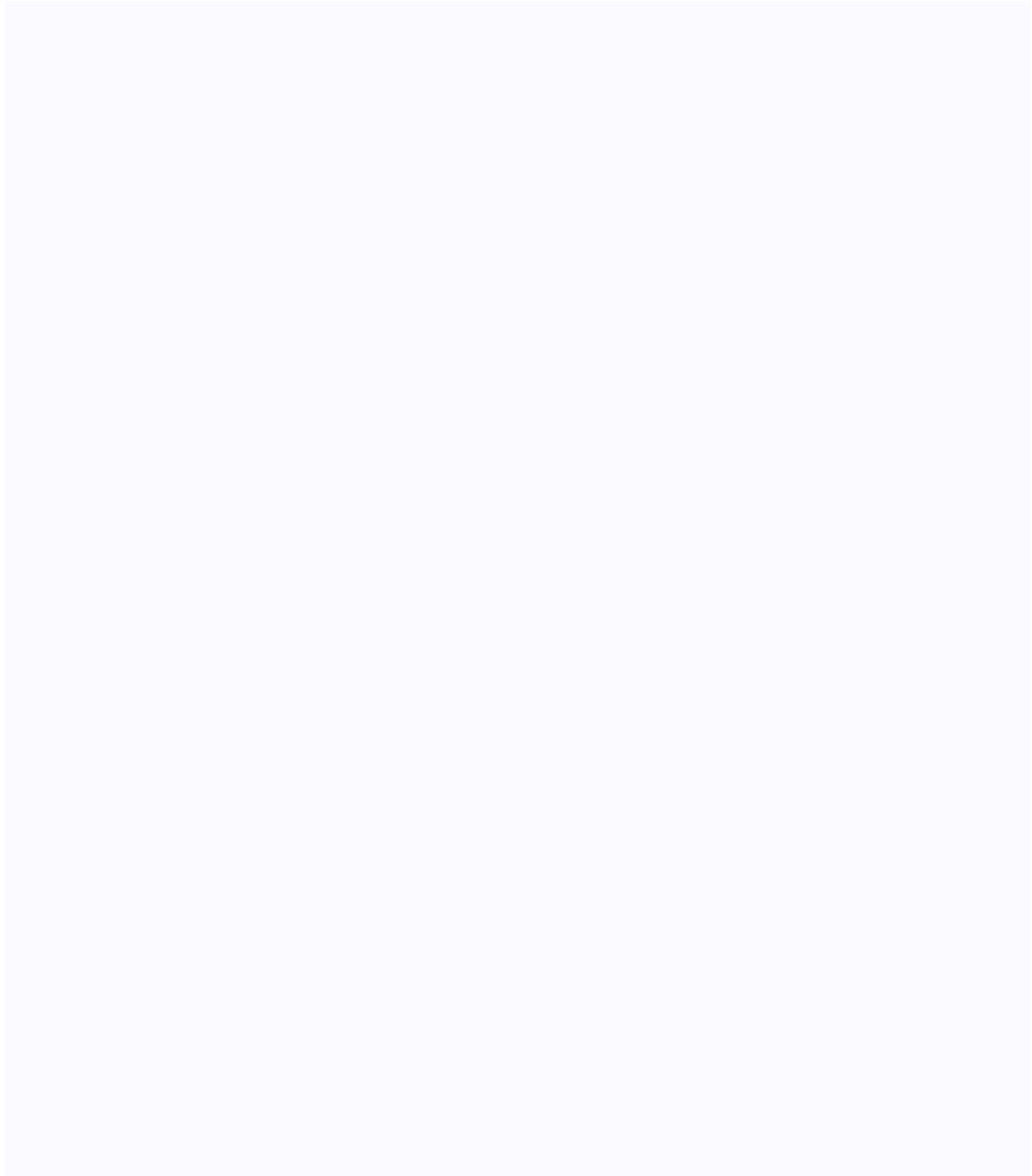
## 4. Reflect on your purpose and impact

Consider the impact you want to make in the world and the purpose behind your calling. Reflect on the positive change you want to create and the difference you want to make in the lives of others. Write down your purpose and desired impact on the worksheet.



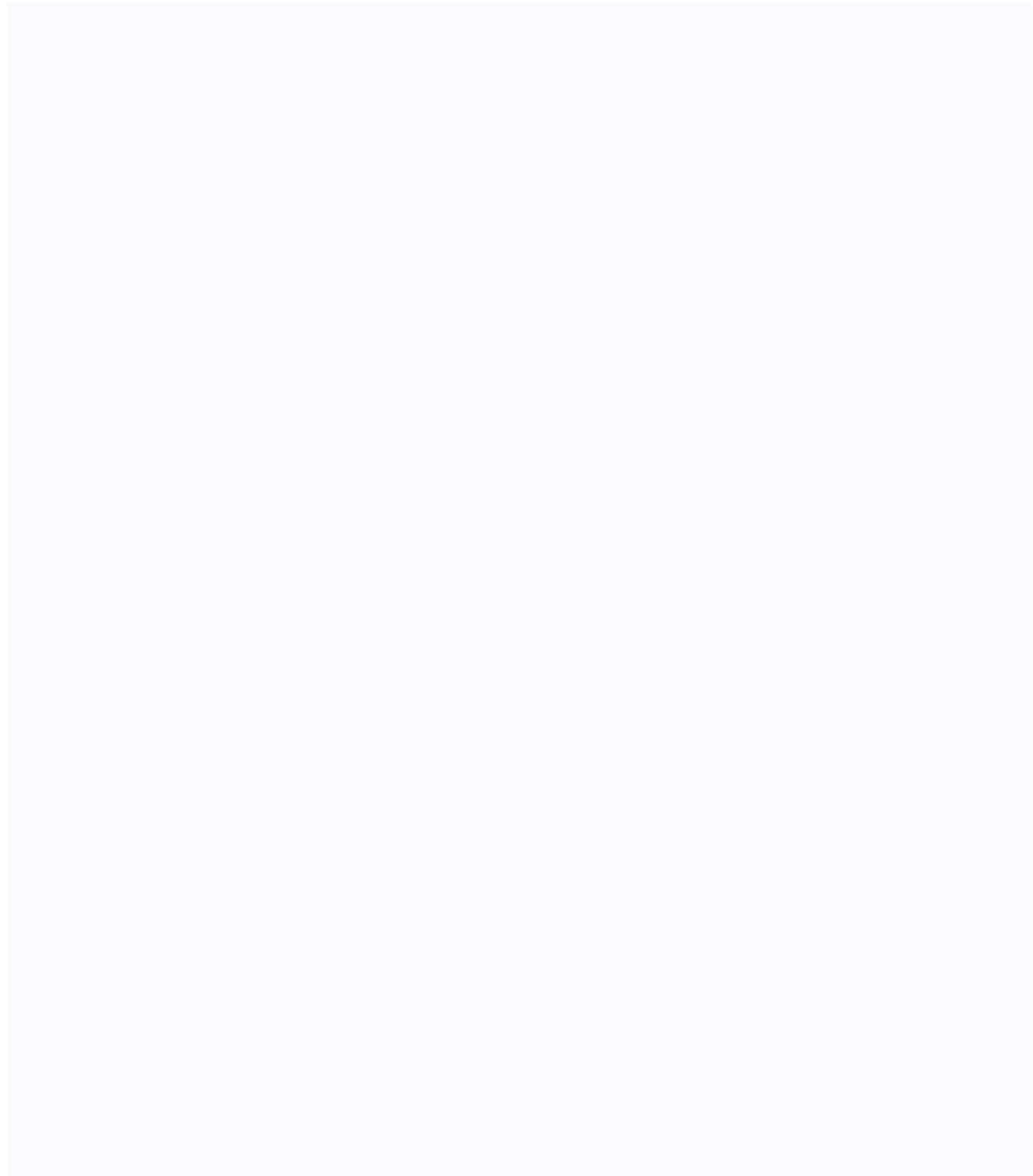
## 5. Identify potential areas of interest

Brainstorm different areas or topics that interest you and resonate with your values, strengths, and purpose. Consider industries, social issues, or specific causes that inspire you. Write down these areas of interest on the worksheet.



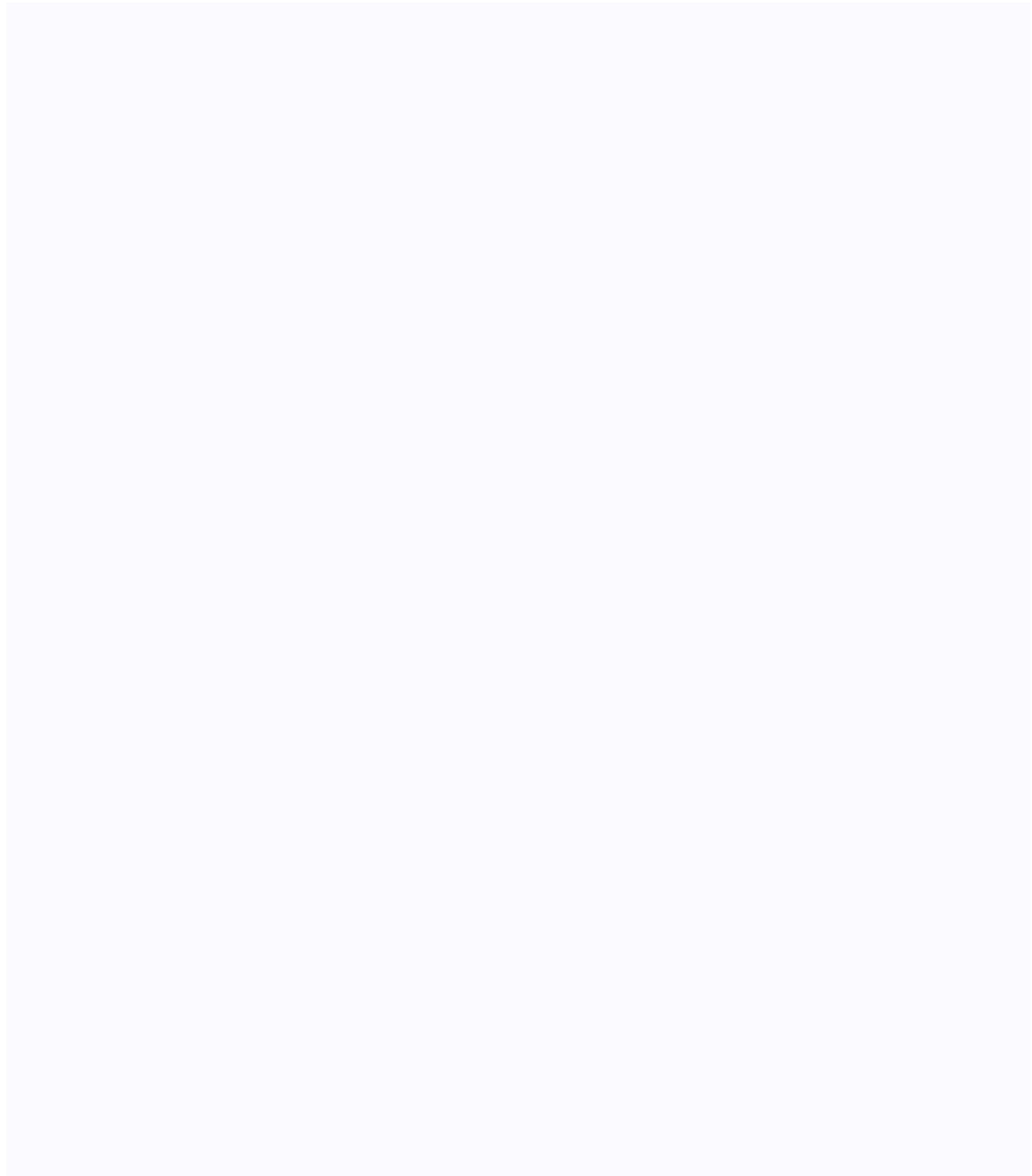
## 6. Connect the dots

Look for connections and patterns among your values, strengths, purpose, and areas of interest. Identify potential themes or common threads that emerge from your reflections. This will help you find clarity and focus in defining your calling. Write down any insights or connections on the worksheet.



## 7. Summarize your calling statement

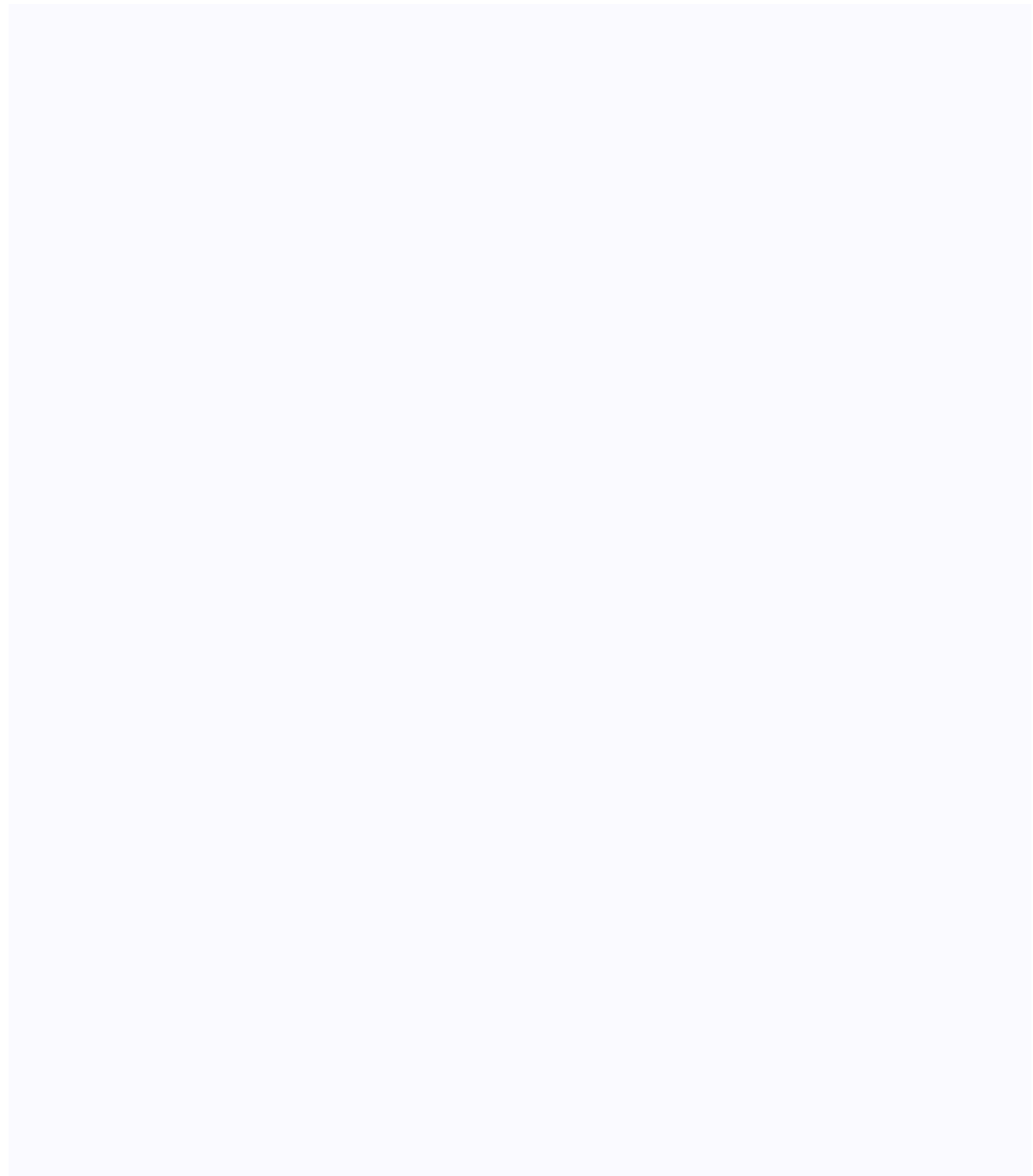
I'd like for you to craft a concise and meaningful calling statement based on the reflections and insights gained from the previous steps. This statement should capture the essence of your calling, including your purpose, values, strengths, and desired impact. Write down your calling statement on the worksheet.





## 8. Review and refine

Take time to review and refine your worksheet. Make adjustments or additions to ensure your calling is accurately captured and articulated. This worksheet will be a reference point for you as you continue to explore and pursue your calling.



*Thank You!*  
let's stay in touch!



I hope this guide supports you in finding the courage to act on your dreams and your calling!



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