



TRANSFORM IGNITE EMPOWER

Founder of The Institute for Transformational and Transpersonal Coaching and the Creator of the Spirit Path Coaching Process, Elizabeth is dedicated to showing successful women and men how to take control of the direction of their lives to live in alignment with their highest calling in their careers, personal lives, and relationships.

Her proprietary process and method used to ignite personal transformation include:

- Identifying what hijacks your power and intuition
- Strengthening the connection to your Inner Teacher
- Teaching you a balanced approach to spiritual integration that creates healthy relationships and financial abundance

Elizabeth brings a breadth of professional business expertise, spiritual integration techniques, and educational and resolution applications to her teaching, training, and speaking programs. Being President of The American Center for the Integration of Spiritually Transformative Experiences and a Dispute Resolution Officer for the State of Texas, her clients additionally get access to how to negotiate and monetize their lives on their own terms using psycho-spiritual developmental tools, strategies, and planning to help them live a fully authentic and lucrative lifestyle.

"I invited Elizabeth to speak to medical students at Texas Tech University regarding spiritual wellness at the end of life. I was highly impressed with her knowledge and first-hand experience of the spiritual realm and with her courage and ability to address the scientific mind with candor and compassion at the same time. The second time I heard her at Texas Tech University was in front of a room of 125 mental health professionals. Elizabeth lit up the room both times as she spoke about different types of STE's, how and why they occur, and how to support people in integrating them. She is a powerhouse and a brave and inspirational speaker!"

Tom McGovern, Ph.D., EdD, LPC, LMFT, LCDC
Professor Emeritus of Psychiatry,
Founding Director of the Center for Ethics, Humanities, and Spirituality
Texas Tech University Health Sciences Center School of Medicine

SPEAKER TOPICS

Understanding Spiritual Emergence & Awakening - Why is This Happening, Why Now and Why Me?

Consciously Creating Your Business
4 Steps to Embrace and Actualize Your Calling

The Alchemy of the Dark Night of the Soul
8 Ways to Turn Your Dark Night Experience Into Gold

Embrace Your Soul's Purpose & Ignite a Life of Purpose - Learn the exact steps to take to successfully discover & answer your calling while creating confidence and meaningful impact!

ELIZABETH SABET SPEAKER



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